Your child has symptoms of

## COVID-19

## Now what?

Do they have any of these symptoms:

- Fever/chills
- Cough
- Shortness of breath
- Decrease/loss of taste and smell

## NO

Do they have **two or more** of these symptoms:

- Runny nose/nasal congestion
- Sore throat
- Headache
- Extreme fatigue
- Muscle aches/joint pain
- Vomiting/Nausea/Diarrhea

YES

## HOW DO I CALCULATE ISOLATION?

Day 0 - symptoms start Day 1 - first day after symptoms start.

YES

NO

YES

Has your child tested positive for COVID-19 after December 20, 2021 and since completed their isolation period?

NO

They must self-isolate until symptoms are improving for at least 24 hours (48 for GI symptoms)

Household members do not need to self-isolate.

It is highly likely your child has a COVID-19 infection.

- They must self-isolate immediately.
  - For at least 5 days from symptom onset and when symptoms have been improving for 24 hours (48 for GI), whichever is longer in duration, and then can return to child care.
  - If your child is immune-compromised they must stay home for 10 days from the symptoms or test- whichever came sooner.
- All household members (regardless of vaccination status) must self-isolate. If testing is unavailable, you must fulfill the self-isolation period. If the symptomatic child is able to test, a negative PCR or two negative RATs (separated by 24-48hrs), the child must continue to self-isolate until symptoms are improving for 24hrs (48 for GI symptoms), and household members may discontinue self-isolation.

Notify the preschool so protocol can be followed.